

What is Nutrition Response Testing?

Nutrition Response Testing is a non-invasive system of analyzing the body in order to determine the underlying causes of ill health. When these are corrected through safe, natural, nutritional means, the body can repair itself in order to attain and maintain more optimum health.

If you want to get healthy and stay healthy, it is important that you understand what our recommendations are based on.

First the Analysis

The analysis is done through testing the body's own neurological reflexes and certain acupuncture points.

Nutrition Response Testing analyzes the different points on the surface of the body that relate to each and every organ and function of the body.

How Do We Do The Analysis?

In Nutrition Response Testing, we contact these reflex areas with our own hand. With the other hand, we will test the muscle of your extended arm. If the reflex being contacted is "active" the nervous system will respond by reducing energy to the extended arm, and the arm will weaken and drop. This drop signifies underlying stress or dysfunction, which can be affecting your health.

The "Personalized Health Program"

Let's say the liver or kidney reflexes are active. Then what? Our next step is to test specific nutritional supplement formulas against those weak areas, to find which ones bring the reflexes back to strength.

By following the program as precisely as possible, you are well on your way to restoring normal function. It's that simple!

In medicine, the medical doctor makes a diagnosis and then uses drugs or surgery to attack or suppress the symptom, or to surgically remove the "offending" organ or part.

In Nutrition Response Testing we use **Designed Clinical Nutritional Supplements** to eliminate the cause of the problem, so that the body can correct itself.

What are Designed Clinical Nutritional Supplements?

These are concentrated whole food in tablets or capsules prepared using a process that preserves all of the active enzymes and vital components that make it work as Nature intended. These real food supplements have been designed to match the needs of the body. These are nutrients you are not getting, or not assimilating, in your current diet.

Designed Clinical Nutrition is NOT 'over-the-counter' vitamins. Over-the-counter vitamins are pharmaceutically engineered chemical fractions of vitamin structures reproduced in a laboratory. They are not derived from whole foods and often make you even more deficient and nutritionally out-of-balance. They can create other health problems because they do not contain all of the co-factors found in nature that make the vitamins work. The companies we use are Standard Process, Marco Pharma, and Systemic Formulas.

How are These Products Produced?

The key to this whole procedure is the process:

A. These nutrients are derived from plants grown on their own farms, in soil free from pesticides – and no chemicals are ever used. Ph.D.'s check the soil before the seeds are sown, to make sure of the fertility of the soil – and even the weeding is done by hand.

B. The machinery involved in the processing of these products is made of glass and stainless steel only.

C. The temperature used in processing harvested plants is never raised above the point of 90 degrees Fahrenheit, so that the active ingredients are not cooked; they remain active and alive, and have a very long shelf life.

Your vitality and energy is derived from live food. Most foods today are all dead - or are not really foods at all - as in boxed cereals, canned vegetables, soda pop, etc.

A Complete Analysis can be done on each subsequent visit. Often these reveal additional layers of dysfunction. These can then be addressed **in the correct sequence for your body** and that's how each client gets a completely individualized program.